# Get Back Your Grip

Helps Make Strong, Sturdy Men and Beautiful, Healthy Women. 3,000,000 People Use It Annually As a Tonic, Strength and Blood Builder.

Ask Your Dactor Or Druggist





## **Another Sleepless Night?**

It's been a busy and fretful day. Brain fagged, nerves frayed and body exhausted—conscious that tomorrow is fraught with new trials and tribulations, he realizes the imperative need of a refreshing night's rest. Yet, he hesitates and dreads to go to bed lest he roll and toss throughout the night.

De you experience the horrors of nightmare and insemnis?

Are you troubled with wakeful, restless nights? Do you get up in the morning feeling more tired than when you went to bed, because your rest is so disturbed and broken? Then, try



The Great General Tonic



LYKO MEDICINE CO.



SUPPER ...... 5 to 8 BREAKFAST ...... 6 to 8:30 Our service is great—you won't have to wait. Eat with us today and you'll be our customer tomorrow. Homelike Cafe 78 Beale, Just Off of Main.

Stomach ills

sermanently disappear after drinking the celebrated Shivar Mineral Water. Positively guaranteed by money-back offer. Tastes fine: costs a trifle. De-ivered anywhere oy our Memphis-agents. Oliver-Pinnie Co. Phone them.

**SAVE \$37.44** A year by riding a JOHNSON & CO. SOCIETY'S MIRROR

ANNOUNCEMENTS

Popular Visitor Leaves.

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Miss Nelda Butlet, who has been the
lovely guest of Miss Louise Aun Roberis, left on Thursday evening for her
home at Beaumont, Tex. Miss Butler
has been one of the most atractive and
popular visitors Memphis has had this
seasen, being showered with social attentions from the hour of her arrival
until her departure, and her many
friends are hoping that she was as
well pleased with Memphis as they were
with her and that next summer her
name will be among the first of the
charming guests in the city.

Jolly Motor Party. Fut this bunch of boys together in a perfectly good car and then doubt that they are going to do things and you will certainly be wrong for when Messre. Nowland Scruges, Philip Tschudy, Frank Nebhut, Edmonds Woolwine, of Nashville, Tenn. and Brown Burch left Friday morning for Linville, N. C., they had every appearance of starting off for a good time and made those who are still wondering where they will spend their vacation feel very envious and lonesome.

These young inwit whit spend several weeks on this deligniful trip and will no doubt visit some of the fash-lonable summer resorts before returning home.

WEDDINGS

Vaughan-Edmundson. A pratty weeding that was quietlysolemnized on Wednesday evening at
\$230 octook at the Hotel Chines was
that of Miss Mary Edmundson, of
Rutherford, Tenu and Mr Frank
Vaughan of Yorkville, Tenu, the Rev,
Walter M. White officiating, the impressive ring ceremony peing said.
After a few days in the city Mr, and
Mrs Vaughan will return to their home
at Yorkville.

### CLUBDOM

Y. L. I. Entertains. The members of the Young Ladies institute will entertain with a car party on Saturday afternoon from 3 to 9 clock at the Knights of Columbu-

o'clock at the Knights of Columbus hall.

Fretty prizes will be awarded for the highest scores for the afternoon, and at the conclusion of the games refresh-ments will be enjoyed.

Benefit Boat Ride.

A boat ride will be given on the steamer Princess on Friday evening at 8.30 o'clock for the benefit of El. Feter's drphanage.

Cards and dancing will be enjoyed, for which protty and appropriate priges will be given. Hefreshments will be served during the evening.

Church Lawn Party. An ice gream sooial will be given Fri-day evening by the Ladies' Missionary society on the lawn of the Greenland Heights Methodist church

CADEN SUCCEEDS SMITH LOCAL AGENT SO. RY.

John C. Caden, of Sheffield, Ala., has, been appointed local freight agent for the Southern railway, succeeding E. D. Smith, who has been assigned to other duties. Mr. Caden has been agent for the Southern at Sheffield. He will assume his new duties at once. Mr. Smith has been with the Southern here for many years.

LEAVE FOR COAST.

Thomas Onstott, linotype operator on The News Scimitar, and Mrs. Onstott, formerly Miss Anna B. A. Brown, spe-cial writer and reporter, and their two children will leave for San Jose, Santa Ciara valley, Californit, Friday night They will make California their future home.

**LEMON JUICE** 

Girls! Make beauty lotion for a few cents-Try it!

FOR FRECKLES

Squeeze the juice of two lemons into a bottle containing three cunces of orderard white, shake well, and you have a quarter pint of the best freckle and tan lotion, and complexion beautifer, at very very small cost.

Your grocer has the lemons and any drug store or toilet counter will supply three ounces of orchard white for a few

cents. Massage this sweetly fragrant lotion into the face, neck, arms and hands each day and see how freckles and blemishes disappear and how clear, soft and rosy-white the skin becomes. Yes! It is harmless and never irritates.



English Peeress To Visit America



Lady Bethune, wife of Gen. Bethune, of the British army, plans to leave England shortly on an extended tour through Canada and the United States. Exhausted by strengous war work she but recently gave up, she will recuperate in western Canada and then visit the United States in the fall.

Thousand-dollar-fimit clubs are getting popular in Memphis. Solicitors from the United States treasury department, working among business menare enrolling on an average of 25 members for this select organization daily. At the same time war savings stamps societies bid fair to exceed in number the 300 mark before the end of the present week and practically every business house of any size in the city will have been enrolled as an agency for the sale of war savings stamps and thrift stamps. he sale of war savings sample their transper.

The latest additions to the thousand-dollar-limit clubs, composed or men who buy the limit of stamps the government allows one person to buy, include the

following:
Phillips Cotton company, State Savings bank, Cohn & Ellett, cotton buyers: Alperin & Sonn, Lovi & Greff, J.
C. Maddox, Charles C. Jones, J. S. Rawings, Goodbar & Co. Johnson's Greenhouses and The Autlers.

REVENUE DISTRICTS ARE REORGANIZED IN STATE

NASHVILLE, Tenn, July 18 (Spl.)-eorganization of the internal revenu-offiction districts in Tennessee has seen completed and the state now has districts instead of 17, as formerly, he broadening of the scope of work one by the internal revenue department caused the revision which is always effective. Ben D. Moore is the spartment field agent at Chattanooga hile the agents lat Memphis are M. McCormick, John T. Menefee and en L. Dunlap. These appointments are announced today by Collector E. Craig.

THEY NEED A LEMON AID. A lot of people are having a hard time coming down to soft drink -Car-toons Magazine.

HERE and THERE

Mrs. Pat Harrison, of Koscitako Miss., wife of the junior scanter from Missingles, has been spending a fee days in Memphis

Mrs. R. E. Anderson and Mrs. E. G. Anderson, of Charleston, Miss., are among the guests at the Hotel Gayoso. Mrs. Jettie Driver, of Osceola, Ark a in the city for a short stay. Mrs. J. H. King, of Newbern, Teon s visiting friends in Momphia,

Mrs. S. Pilderwasser, accompanied by her daughter. Juliet, and son, Ralph will leave Priday for an extended four through the Southern states. They will be accompanied to Vicisburg, Miss. by Mrs. A. Sadol and son, Milton, who have been visiting friends in the Civ.

Mrs. W. L. Harris and Miss Mildred Harris, of Charleston, Miss. are at the Hotel Gayoso.

Charles O. Pfeil has returned from a business trip to Clarksdale. Miss.

Walter Richmond, president of the Goodwill Electric te, of chicago, has returned after spending to days with Memphia relatives

Miss Lenore Buchart left Thursday for Chicago. Later she will visit in New York and Atlantic City.

Mrs. W. H. Bates, and Mrs. Keith Bianton, are enjoying a delightful stay in Chicago, Miss Josephine Briggs of Franklin, Ky. will arrive Monday to be the guest of Miss Margaret Carroll, during next week.

Miss Geraldine Graham will leave Pri-day for New York, Chicago, and other eastern cities, for several weeks stay.

Miss Lucile Burke and Miss Vivian Cunco are being entertained as the guests of Miss Rosamond Fay, at Clarkedale, Miss

Miss Derothy Gillland has just re-turned from a six weeks visit in Ar-kansus. While away Miss Gilliand was the guest of friends in Paragould, Bateaville, Forrest vity and Marianna.

Mrs. Frank I. Monteverde and Mrs. J. D. Cella are at West Baden, Ind., for a two weeks stay

Mrs. L. Caldwell will leave Friday evening for Dyersburg. Tenn., for several weeks stay with friends and relatives.

ning for a motor trip to Chattanooga and Signal mountain. He will be joined for Priday by Mrs Roberts and Mus Louise Ann, who will spend a month motoring through North Carolina and visiting many points of interest.

Mrs. Roy Woodall and Mrs. Malcolm Burks left Thursday evening for a trip to New York and Atlantic City where they will spend the remainder of the summer.

Miss Ada Branson of Cheton, Tenn, is the guest of friends in the city

Mrs. J. P. Jordan and daughter, Mrs. Jack Finley, are among the prominent Memphians who are summering at Mackinaw, Mich.

BRINKLEY'S SLAYER NOT TO BE TRIED MONDAY

Lorenzo Young, negro desperado, who shot and killed Sergt. John G. Brink-ley and wounded other officers who sought to capture him, will not be tried Monday.

lings, Goodbar & Co., Johnson's Greenhouses and The Antiers.

High Officials Here.

To outline plans for the second week
of the campaign and to review the work
of the field workers already here. Silas
W. Davis, director of sales arrived Priday from Atlanta. Accompanying Mr.
Davis were O. B. Eaton, vice-director,
and J. J. Bowers, director of banks and
postoffices.

With 1. W. Hughes, chairman for
West Tennessee; L. L. Boyer, director
of sales; M. B. Wellborn, director of
sales; M. B. Wellborn, director of
sales; M. B. Wellborn, director of
state organization, and Bruce Hall, diwould not have anticipated any trouble

and J. Bowers, director of banks and postoffices.

With L. W. Hughes, chairman for West Tennessee; L. L. Boyer, director of sales; M. B. Wellborn, director of sales; M. B. Wellborn, director of state organization, and Bruce Hall, director of publicity, extension of the work aiready begun was outlined by the officials.

By the end of the week most of the business houses will have been visited in the downtown section of the city.

Thorough canvass of the manufacturing districts and residence aections is being contemplated. Plans for women's activities are rapidly maturing and the co-operation of secret organizations is being elicited.

Dr. R. D. McDowell is directing the activities of the four-minute men who are keeping the idea of thrift and investing with the government before the people in the public places of amusement throughout the city.

TO EXTEND SCHOOLS.

HUNTINGDON, Tenn., July 15. (Spl.)
— Carroll county is pleased over the fact that she is to receive a share of \$621.88 from the equalizing educational fund of the state to ald in extending her school term to more than 120 days. The county superintendent. D. T. Barnhill, is endeavoring to increase the standard of the schools of the county and this will enable him to make progress, by lengthening the term. It is proposed also to pay a higher salary to teachers, especially those who have availed themselves of the opportunity to attend the summer schools.

OFFICERS PROMOTED.

NASHVII.LE, Tenn. July 18 (Spl.)— Promotions of Capt. Charles F. Keith to the grade of major, and Lieut. John R. Ellott to the grade of cautain in the Tennessee national guard were an nounced today by Gen. Baxer Sweeney. These officers are stationed at Atlens.

## Helps for Housekeepers in Planning Sunday Dinner

Bessie R. Murphy, Director Elizabeth Ann Kitchen.

DEVILED TONGUE AND MACAROM CROQUETTES. 1 cup cooked macaroni, 1 cup thick white sauce, 1/2 teaspoon onion juice, 1/2 teaspoon pepper, 1 ogg, 1/4 teaspoon salt and 1 small

can deviled tongue; chop macaron; and mix with tongue, heaten egg and cream sauce; add the seasoning and form into croquettes. roll in egg and crumbs and fry in deep compound; serve with white sauce or macaron gravy. LUNCHEON CREESE BITS.

 $\frac{\pi_4}{4}$  cup grated cheese, 1 tablespoon oil, 1 tablespoon vinegar,  $\frac{1}{2}$  teaspoon mustard,  $\frac{1}{2}$  teaspoon Worcestershire sauce, salt, pepper and crackers; mix the cheese, mustard, salt and pepper; add the oil, beat until creamy and then mix in the vinegar and sauce; spread on hot toasted crackers and heat for five minutes in a quick oven ITALIAN MACARONI GRAVY A LA SOUTHERN.

Toasted bread and macaroni gravy; toast bread and cut in small disks; butter small ramekins, fill half full with bread disks, pour over macaroni gravy, sprinkle top with bread crumbs and run in hot oven to brown.

1 cup flour, 1/2 cup sugar, 3 apples 1 egg, compound, 1 teaspoon baking powder, 1 cup milk and pinch of salt; sift together the flour. salt and baking powder; add the sugar and the apples, peeled, cored and chopped; mix to rather a stiff batter with the egg and milk; drop by spoonfuls into hot fat and cook till the puffs are golden brown and the apples tender; drain on soft paper and serve hot APRICOT COUPE.

Cut % can of canned apricots in small pieces, boil down the syrup from 1 can until there is but 2-3 cop, add to chopped apricots and chill; fill tall glasses with vanilla ice cream and pour over apricot mixture; granish with cherries. VANILLA CREAM.

I pint milk, I tablespoon cornstarch. 2 eggs and ½ cup sugar; beat milk and sugar, dilute cornstarch with a little water and add milk; beat eggs very light and pour over milk little at a time; cook until thick in double boiler. EW YORK PURCHASE SA

NEW YORK PURCHASE SALE Misses' and Juniors' Summer



Misses' and Juniors' Dresses, \$6.95 Sizes 13 to 20 Years

Materials are organdies voiles, nets and laces; made in all the leading summery colors; all white, pink, rose, light and dark blues, fancy and flowered; styles embrace blouses, belted, surplice, dainty ruffles, fancy collars and sash belts.

Dresses

Sizes Vary 13 to 20 Years, and Values Are Up to \$35

Materials include tricolette, paulettes, foulards, silk Georgettes, imported organdies, nets, laces, baronet satins, etc.; styles are sport models, fancy afternoon trocks including ruffled and surplice effects. Colors, all white, pink, rose, light blue, Pekin, copen, navy, light green, maize, orchid, sunset and combination colors; dark and light patterns; solid, flowered and many novelty fancy patterns.

Dresses For Tots, 2 to 6 Years \$1.98 Values

Materials include lawns, organdies, voiles, ginghams and chambrays; all white and colors; dainty collars, cuffs and pockets, belts, lace and embroidery trimmed, blouse, belted and empire

\$5.95 to \$10.00 Dresses, \$5.00

Most becoming styles of the empire, bolero and belts; some French hand-made models with hand stitching, hand embroidery; others fancy with tucks, embroidered bands, Val. laces, dainty ribbon belts; colors, white, pink, blues, gold, greens; in all summery materials. For little girls, 2 to 6

Dresses For Girls 6 to 16½ Years \$10 to \$14.95 Values \$8.95

\$7.95 to \$10 Values

\$4.95 to \$5.95 Values

Styles of the blouse belted, surplice, empire, regulation; skirts tunic, shirred, pleated and ruffled, in organdies, voiles, crepes, silk crepe de chine, pongees, etc.; colors of white, tan, light blue, copen, rose, pink, light green, orchid, solids, flowers and fancy trimmed, in all new features, such as ruffling, picoting, medallions, etc.

Misses', Girls' and Children's Third Floor.



▲ Misses'、Girls' and Children's Wear, Third Floor.

## \$2.00 to \$7.00 RED SEAL RECORDS Reduced One-Half and One-Third The opportunity to own the finest records in the world at a great saving

HUN COUNTER-STRIKE AT STETTIN CLOSES STORES

BERLIN. July 18—A citizens' coun-ter-strike began at Stattin Thursday as a protent against the strike which pur-alyzed transportation facilities there for the last few days. All stores, including food establishments, drug stores and peoples kitchens, have been closed, physicians refuse to treat patients, gas and water plants have been shut down and wells throughout the city are al-ready pumped dry. Railrad workers threatened to extend the strike to Straisund.

HEAR DR. M'DOWELL.

HEAR DR. M DOWELL.

Dr. R. D. McIcowell, of Atlanta, employed by the government in its thrift campaign, was the speaker Thursday noon at the luncheon of the Retail Credit Men's association, held at the Hotel Gayoso, Dr. McDowell urged strongly the habit of thrift and declared the fact that 95 per cent of the German population had money in the bank, had enabled Germany to make war upon the world. John D. Martin also spoke and gave some valuable points on credits and legal cases.

Read Carefully the Bowers Ad on Page 2 of This Paper!